

COLONOSCOPY

Procedure Location: Day Surgery Center at 3316 Colorado Blvd Denton TX 76210

Date: _____ Arrival Time: _____

*NO aspirin or blood thinning medication 5 days prior to your procedure. If you are on medications like Coumadin or Plavix you need clearance from the doctor who prescribed you those medications.

*You must stop the clear liquid diet at 7pm and only continue the rest of the prep and water indicated in the instructions.

* Do not take any other medications after 6pm the night before your procedure. If you take any of the following...heart, blood pressure, thyroid or diabetic medications you may take these with a small sip of water.

*You will need a driver for the procedure.

GoLytely Bowel Prep

Day before your procedure:

-CLEAR LIQUIDS ONLY

-water

-strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry

-lemonade or limeade

-coffee or tea (NO DAIRY)

-chicken, beef, vegetable broth

-gelatin desserts without added fruit or toppings (NO RED OR PURPLE)

-Gatorade or PowerAde (NO RED OR PURPLE)

-No alcoholic beverages

First Dose: 7pm the night before your procedure

-Drink $\frac{3}{4}$ (three fourths) of the GoLytely liquid.

-Do not drink any more liquids after first dose.

Second Dose: _____ 3 hrs before your procedure

-drink the remainder $\frac{1}{4}$ (one fourth) of the GoLytely liquid.

-you MUST drink two (2) glasses of water within the next hour.

BE SURE TO FINISH ALL OF THE SOLUTION AND WATER.